

A Quality Supported Living Service for Adults With Mental Health and Learning Disabilities in their homes.



## About us Aims & objectives

Rhodsac Community Living Ltd offers supported living services for people in their own homes. Our aim is to provide support and encouragement to all our service users with the end goal of achieving independent living. Our focus is on developing the talents of each individual, providing them with a keen sense of self worth and value and empowering them so that they become fully integrated members of the wider community.

We provide community care for clients with dual diagnosis, that is behavioural problems and clinical problems e.g. diabetes.

Our staff will identify and challenge any negative thinking patterns and behaviour which may be causing them difficulties in achieving their goals. In turn this can change the way they feel about situations, and enable them to change their behaviour in future.

## **Our Aims**

Train every service user in basic home economics and personal grooming i.e. Personal hygiene, washing, ironing their clothes and dressing.

Teach self-sufficiency with fundamental cooking skills with an emphasis on food hygiene and nutrition.Advise, encourage and support service users to further develop their individual talents by taking appropriate training courses and taking up employment or voluntary service.Provide practical financial management skills such as budgeting, bill paying etc. which is a key requirement to enable supported living within the community.

Provide basic living skills such as understanding the public transport network, buying travel tickets etc.

## **Our Services**

- 24/7 care and friendly support provided by fully trained staff.
- We provide short, medium and long term care facilities.
- All our staff members undergo rigorous CRB and POVA Checks.



All staff are encouraged and supported to undergo further professional advancement and to attend Continuing Professional Development courses to better meet the needs of our service users.

• Our motto is to nurture and train.

### **Mission statement**

Our philosophy is 'Nurturing People in the comfort of their homes' and the services we provide is people-centred. Our team is highly dedicated and experienced, we can also offer support to those with specific needs such as Asperger's Syndrome..

- Services are tailor made to each individual's need, we support a wide range of needs including: communication problems, challenging behaviour, mental health, and other associated health issues.
- Rhodsac Supported Living Services is committed to providing social, personal and practical care to people who wish to remain in their own home and be as i ndependent as possible.
- All service users and those involved in their care are made aware of the service's complains policy and are



encouraged to offer feedback through individual reviews and family forum.

## **Location and Facilities**

#### Haydon Hill Ambleside

Situated on the northern side of Aylesbury just off the A41 Bicester Road. Haydon Hill is a compact venue for smaller functions having a capacity for 100 people dancing 50 if seated. Smaller centre with kitchen. Access for people with disabilities.

- 350 square miles of leafy, Buckinghamshire countryside.
- Home to 181,000 people (making it the third largest district in the country).
- 40 miles west of London, 65 miles south east of Birmingham.
- Within an hour's drive of Heathrow, Gatwick, Luton and Stansted airports.
- Home to the world-famous National Spinal Injuries Centre at Stoke Mandeville hospital and Silverstone, the Formula One Grand Prix circuit.
- Birthplace of the Paralympic movement.
- Charming villages and market towns, stately homes, gardens, canals and the first class Aylesbury Waterside Theatre.

There are railway links to London from Aylesbury, Princes Risborough or Stoke Mandeville stations and speak to station staff or use the help point for wheelchair access as the main Aylesbury station has been improved with lifts to cater for those on wheelchairs both properties are near close links to the railway stations and local amenities are right next door.

Rhodsac Community Living Ltd, 01908 666980 & 07875109265 Email: rcl@rhodsaccarehome.com website address: www.rhodsaccarehome.com



# **Enquiries**

We welcome all enquiries and visits from prospective clients, their family members and officials.

We recommend that you telephone in advance for an appointment. In this way we can ensure that we have a dedicated member of our trained staff available to provide you with all answers to all of your queries.



# Rhodsac Supported Living Services

A Quality Care Provider to people with mental health and learning disabilities

> CSCI Certificate No: 1-559955550 A Member of the National Autistic Societ yProvider ID 1-441228632

# Things to do

Spend a lovely day at Abbots View farm where you will learn all about the Alpacas, feed them and take them for a walk around the field. Also see the rare breed pigs.

Visit the Aylesbury Waterside Theatre, all accessible and very user friendly.

The Boer War Monument in Coombe Hill

The Hill is part of the Chilterns and the Boer War Monument erected in 1904 honours the soldiers from Buckinghamshire who served during the campaign and lost their lives fighting for their country. See the Orchard view farm for a relaxed walk, or visit the farm shop which sells meat and has a lovely tea room.

There is also the Buckinghamshire County museum. There is a gallery devoted to Roald Dahl with lots of fun exhibits that are informative and interactive. There is a fantastic lift and even I crawled through the tunnel inspired by The Fantastic Mr Fox. There is also a shadow exhibit that is ridiculously good fun and a twit bit where everything is stuck on the ceiling. Also places like the Queens Park Art Centre, located near Aylesbury high school, offering all sort of arts and crafts.

Contact us on Rhodsac Supported Living Services 18 Chiltern House Oxford Road Aylesbury HP19 8FQ 01296 415239 info@rhodsaccarehome.com



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01296 415239 & 07875109265 Email: rcl@rhodsaccarehome.com website address: www.rhodsaccarehome.com